Gate Volunteer Opportunities

Make Every Day Mitzvah Day!

paint, rake..., as needed. Contact Sue Litynski at

slitynski@cgoh.org or call 374-8173.

Your Name (s):	Phone #:
Email Address:	
Return form to the temple office. Please use back of form for comments or suggestions.	
Social Action Committee Initiatives	Sisterhood Activities
Chair Person: Janet Meyersburg	Chair Person: Barbara Walton
383-2359 or Jayzeem@nycap.rr.com	527-5800 or bwalton853@gmail.com
Regional Food Bank:	Reyut:
Third Sunday of each month from Ipm to 3pm.	Visit ailing temple members, as needed.
Contact Eric Siegelman at 372-2038 or	Make nursing home visits, as needed.
esiegelm@nycap.rr.com.	Cook and or deliver meals, as needed.
	Drivers (to appointment, etc.), as needed.
☐ Pleasant Valley Elementary School:	Shiva arrangements, as needed.
Mentor reading or math; play chess with kids.	Write cards/letters to homebound members.
Contact Dorothy Meyer at 346-4462 or dorothyrm@verizon.net.	Contact Barbara Walton.
- ,	Soup Kitchen:
Keane Elementary School:	At the Salvation Army Soup Kitche, 10 am to 1:30 pm 4 time per year,
Mentor reading or math; play chess with kids.	whenever you can.
Contact Paula Metzner at 265-9796 or	Contact Lynn Grant at Igrant@nycap.rr.com or Sandy Fox at 399-0572.
Metzner.Paula@gmail.com.	
Schenectady Day Nursery:	Special Event
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Congregation Gates of Heaven 852 Ashmore Ave. Schenectady, NY 12309 518-374-8173 • www.cgoh.org • klaws@cgoh.org